

Aiki Combat

Black Belt Requirements

- 1. Blitzing Technique 13**
- 2. Blitzing Technique 14**
- 3. Blitzing Technique 15**
- 4. Blitzing Technique 16**
- 5. Blitzing Technique 17**
- 6. Blitzing Technique 18**
- 7. Blitzing Technique 19**
- 8. Hurricane double hook**
- 9. Samurai jab cross**
- 10. Club overhead**
- 11. Club poke**
- 12. Club side**
- 13. Club backswing**
- 14. Gun at side**
- 15. Gun to front**
- 16. Gun to front head**
- 17. Gun to back**
- 18. Jab cross defense**
- 19. Kicking Defense 1**
- 20. Kicking Defense 2**
- 21. Knife front thrust**
- 22. Knife overhead**
- 23. Knife side slash**
- 24. Combination drills**